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Majlis Ansārullāh Monthly Meeting

January 2026

Staying Away from Shirk

Have we rid ourselves of ALL kinds of shirk?



- Recitation and translation of the Holy Quran
- Pledge
- Hadith
- Discussion Segment
- Salat (Daily Prayers)
- Al-Wasiyyat
- Brotherhood
- Zahanat
- Reading The Holy Quran
- Health segment
- Local Time – Missionary Comments/Reminders/Announcements
- Du'a

And remember when Luqman said to his son while exhorting him, 'O my dear son! associate not partners with Allah. Surely, associating partners with God is a grievous wrong.'

Chapter 31, Surah Luqman, Verse 14

If you call on them, they will not hear your call; and even if they heard it, they could not answer you. And on the Day of Resurrection, they will deny your having associated them with God. And none can inform thee like the One Who is All-Aware.

Chapter 35, Surah Fatir, Verse 15

وَإِذْ قَالَ لُقْمَانُ لِابْنِهِ وَهُوَ يَعِظُهُ يَا بُنَيَّ لَا تُشْرِكْ بِاللَّهِ
إِنَّ الشِّرْكَ لَظُلْمٌ عَظِيمٌ ﴿١٤﴾

إِنْ تَدْعُهُمْ لَا يَسْمَعُوا دَعَاءَكُمْ وَلَوْ سَمِعُوا مَا
اسْتَجَابُوا لَكُمْ وَيَوْمَ الْقِيَامَةِ يَكْفُرُونَ بِشِرْكِكُمْ وَلَا
يُنَبِّئُكَ مِثْلُ خَبِيرٍ ﴿١٥﴾



أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Say this part three times:

Ash-hadu • alla ilaha • illallahu • wahdahu • la sharika lahu • wa ash-hadu • anna Muhammadan • `abduhu • wa rasuluh

Say this part once:

I bear witness • that there is none worthy of worship • except Allah. • He is One • (and) has no partner, • and I bear witness • that Muhammad (Peace and blessings of Allah be upon him) • is His servant • and messenger.

Say this part once:

I solemnly promise that • I shall endeavor • till the end of my life • for the consolidation • and propagation of Islām Ahmadiyyat • and for upholding • the institution of Khilafat. • I shall also be prepared • to offer the greatest sacrifice • for this cause. • Moreover, • I shall urge all my children • to remain true • to Khilafat Ahmadiyya. • *Insha'Allah.*



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Hadith

O Allah, Bless Muhammad^{sa} and the people of Muhammad^{sa}, as Thou didst bless Abraham and the people of Abraham. Thou art indeed the Praiseworthy, the Glorious. Prosper, O Allah, Muhammad^{sa} and the people of Muhammad^{sa}, as Thou didst prosper Abraham and the people of Abraham. Thou are the Praiseworthy, the Glorious

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا صَلَّيْتَ عَلَى
إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَّجِيدٌ، اللَّهُمَّ بَارِكْ
عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ
إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَّجِيدٌ -

Narrated Mu`ādh ibn Jabal^{ra}

I was a companion rider of the Prophet^{sa} on a donkey called 'Ufair. The Prophet^{sa} asked, "O Mu`adh! Do you know what Allah's right on His slaves is, and what the right of His slaves on Him is?" I replied, "Allah and His Apostle know better." He said, "Allah's right on His slaves is that they should worship Him (Alone) and should not worship any besides Him. And slave's right on Allah is that He should not punish him who worships none besides Him."....

Sahih Al Bukhari Hadith 2856



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The Holy Quran Discussion

And remember when Luqman said to his son while exhorting him, 'O my dear son! associate not partners with Allah. Surely, associating partners with God is a grievous wrong.'

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Which of the following is a form of Shirk and why?

1. A person bows down in front of an idol and prays to it for his difficulties
2. Child comes home from school with stomachache. The father says, I am sure it was the fast food you had last night. How many times have I told not to have this type of food
3. A doctor was giving a lecture. He claimed, I have several remedies and can cure of many illnesses
4. A father lied about her daughter's age to find a good match

Please share ideas on how one can stay away from all forms of Shirk



The first and basic principle of all religious teaching is that God is One. All other noble ideals flow from this principle. By worshipping any other thing or being beside God Who is the Creator, Lord and Sustainer, man degrades himself and stunts, stifles and stultifies his personality. So, Luqman began his moral sermon by laying stress on this most supreme of all religious beliefs.

Chapter 31, Surah Luqman, Verse 14

The verse further dwells upon the complete failure of the forces of evil to arrest the progress of Islam. It says that the idols of idol worshippers will prove entirely powerless and useless against the onward march of Islam.

The reference in the words, "the One Who is All-Aware," as the translation of the text shows, is to God. It may also be to the Holy Prophet when the word would mean, well-aware.

Chapter 35, Surah Fatir, Verse 15



But there is another type of *shirk*, which is spreading secretly like poison, and it is greatly on the increase in this age and that is that there is no trust in and dependence upon God Almighty. We do not say, nor is it part of our faith, that means should be discarded altogether. For God Almighty has Himself urged the use of means and if means are not used to the extent to which they are necessary, this would be to dishonor human faculties and to defame the grand action of God Almighty in bestowing them.....

All this is right up to the proper limit and is not forbidden; but when, transcending that limit, a person places all his trust in the means, that becomes *shirk* which casts a person far away from his true purpose. For instance, if a person says that had it not been for a certain factor, he would have died of hunger, or that if had it not been for a certain property or an occupation, he would have been in bad shape, or if it had not been for a certain friend, he would have been in trouble, this would be displeasing to God. He would not approve that a person should rely so much upon property, or other means or friends that he should stray far away from God Almighty. (Essence of Islam vol 1 p:173)



The Holy Qur'an states, "And those who bear not false witness and when they pass by anything vain, they pass by with dignity"

Chapter 25, Surah Al Furqan, Verse 73

Shirk (associating partners with God) and falsehood have also been mentioned together in the Holy Qur'an as if falsehood is as big a sin as shirk is! The Arabic word الزور 'zoor' is used in the aforementioned verse to denote falsehood. It means lying, associating partners with God, assemblies or places where falsehood is rampant, gatherings of song and idle, frivolous pursuits etc. People of God do not tell lies and do not attend places where falsehood and frivolity is common, nor do they go to places where idolatrous practices are pursued, and they do not give false testimonies. Those who avoid all these situations are true believers.

***Friday Sermon delivered by Hazrat Khalifatul Masih V^{aba}
February 5, 2016***

جھوٹ سے بچنے اور سچائی پر قائم رہنے کی تاکیدی نصائح

خطبہ جمعہ 5 فروری 2016ء

فرمودہ حضرت مرزا مسرور احمد، خلیفۃ المسیح الخامس ایدہ اللہ تعالیٰ بنصرہ العزیز

اللہ تعالیٰ نے قرآن شریف میں بھی حقیقی مومنوں کی یہی نشانی بتائی ہے کہ لَا يَشْهَدُونَ الزُّورَ (الفرقان: 73) کہ وہ جھوٹی گواہی نہیں دیتے۔ پھر شرک اور جھوٹ کے بارے میں بتایا کہ ان سے بچو۔ اکٹھا کیا شرک اور جھوٹ کو۔ گویا جھوٹ کا گناہ بھی شرک کی طرح ہے۔ اللہ تعالیٰ نے قرآن کریم میں جو لفظ استعمال کیا ہے وہ جیسا کہ میں نے پڑھا ”زور“ کا لفظ استعمال کیا ہے جس کے معنی ہیں جھوٹ، غلط بیانی، غلط گواہی، خدا تعالیٰ کے شریک ٹھہرانا، ایسی مجلسیں یا جگہیں جہاں جھوٹ عام بولا جاتا ہو۔ اسی طرح گانے بجانے اور فضولیات اور غلط بیانیوں کی مجالس یہ ساری زور کے معنوں میں آتی ہیں۔ پس خدا تعالیٰ کے مومن بندے وہ ہیں جو جھوٹ نہیں بولتے۔ جو ایسی جگہوں پر نہیں جاتے جہاں فضولیات اور جھوٹ بولنے والوں کی مجلس جمی ہو۔ وہ اللہ تعالیٰ کا شریک نہیں بناتے۔ نہ ہی ایسی جگہوں پر جاتے ہیں جہاں مشرکانہ کام ہو رہے ہوں۔ اور پھر کبھی جھوٹی گواہیاں نہیں دیتے۔ پس اگر ہم میں سے ہر ایک اس طرح جھوٹ سے بچے تو ایک ایسی تبدیلی وہ اپنے اندر پیدا کر سکتا ہے جو حقیقی مومن بناتی ہے۔



The *Ansar* have a great responsibility in the sense that the coming generations look up to them as role models. The fundamental basis to fulfil this responsibility is *taqwa*.

The Promised Messiah^{as} instructed his followers to adopt *taqwa*, which he described as not committing any acts which have even an ounce of doubt of being a vice.

By keeping this standard in our sights, we will be able to fulfil our oaths of allegiance.

The *bai'at* (oath of allegiance) that the Promised Messiah^{as} took from us includes many aspects, one of which is *shirk* (associating partners with Allah). We should remain observant of ourselves to ensure that we do not become complicit in any form of *shirk*. As the Promised Messiah^{as} elucidated, *shirk* does not only include worshipping physical idols, rather it encompasses any type of priority given to anything aside from Allah.

Huzoor^{ABA}'s concluding address at Majlis Ansarullah UK Ijtema 2025



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Salat



Citing verse 239 of Surah Al Baqarah (2:239)

"Watch over prayers, and the middle Prayer, and stand before Allah submissively."

Huzur said various commentators have interpreted the term 'middle prayer' differently; it is an instruction in principle, and 'middle prayer' can be applied to different people in accordance to their leanings towards worldly matters or their laziness that may make them negligent towards observing Salat. It can be the specific time for different people during a day when their attention diverts elsewhere by satanic enticements. If we can overcome this then consider that we safeguard our Salat and in turn Salat will indeed safeguard us.

Friday Sermon delivered by Hazrat Khalifatul Masih V^{aba}, February 15, 2008

نمازوں کی حفاظت کرو

خطبہ جمعہ 15 فروری 2008ء

فرمودہ حضرت مرزا مسرور احمد، خلیفۃ المسیح الخامس ایدہ اللہ تعالیٰ بنصرہ العزیز

فرمایا ہے حَفِظُوا عَلَى الصَّلَوَاتِ وَالصَّلَاةِ الْوُسْطَى - وَقَوْمُوا لِلَّهِ قُنْتَيْنَ (البقرة: 239) کہ اپنی نمازوں کی حفاظت کرو، بالخصوص مرکزی نماز کی اور اللہ کے حضور فرمانبرداری کرتے ہوئے کھڑے ہو جاؤ۔ تو یہ ایک اصولی بات بتادی کہ نمازوں کی حفاظت کرو اور خاص طور پر درمیانی نماز کا خیال کرو۔ مختلف مفسرین نے درمیانی نماز کی اپنے اپنے ذوق یا علم کے مطابق تفسیر کی ہے۔ کسی نے تہجد کی نماز، کسی نے فجر کی نماز، کسی نے ظہر و عصر کی نماز مراد لی ہے۔ بہر حال یہاں ایک اصولی ہدایت آگئی کہ صَلَاةُ الْوُسْطَى کی حفاظت کرو اور ہر ایک کے حالات کے لحاظ سے درمیانی نماز وہ ہے جس میں دنیا داری یا سستی اسے نماز قائم کرنے سے روکتی ہے یا نماز سے غافل کرتی ہے، جب شیطان اس کی توجہ نماز کی بجائے اور دوسری چیزوں کی طرف کروا رہا ہوتا ہے۔ پس اس وقت اگر ہم شیطان سے بچ گئے اور اس کو اپنے اوپر حاوی نہ ہونے دیا تو سمجھو کہ ہم نمازوں کی حفاظت کرنے والے ہیں اور جب یہ صورت ہوگی تو جیسا کہ پہلے ذکر ہو چکا ہے پھر نماز ہماری حفاظت کرے گی



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Al-Wasiyyat



The Promised Messiah (on whom be peace) wrote:

'I came from God as a Manifestation of Divine Providence, and I am a personification of His Power. And after I am gone there will be some other persons who will be the manifestation of the second Power [of God]. So, while waiting for the second Manifestation of His Power, you all together keep yourselves busy praying. And let a Jama'at of righteous people, one and all, in every country keep themselves busy in prayers so that the second Manifestation may descend from the Heaven and show you that your God is such Mighty God. Consider your death to be close at hand for you never know when that hour will strike. Let the righteous persons of the Jama'at who have pure souls accept Bai'at in my name. God Almighty desires to draw all those who live in various habitations of the world, be it Europe or Asia, and who have virtuous nature, to the Unity of God and unite His servants under one Faith. This indeed is the purpose of God for which I have been sent to the world. You, too, therefore should pursue this end, but with kindness, moral probity and fervent prayers. And till that time when someone inspired by God with the Holy Spirit is raised by Him, all of you should work in harmony with one another.' [The Will, pp. 8 – 9]

پھر خلافتِ احمدیہ کا ذکر کرتے ہوئے دوبارہ آپ نے قدرتِ ثانیہ کا آنا بیان فرما کر اس کے قائم ہونے کا طریق بتایا ہے۔ فرمایا کہ:

”میں خدا کی طرف سے ایک قدرت کے رنگ میں ظاہر ہوا اور میں خدا کی ایک مجسم قدرت ہوں۔ اور میرے بعد بعض اور وجود ہوں گے جو دوسری قدرت کا مظہر ہوں گے۔ سو تم خدا کی قدرت ثانی کے انتظار میں اکٹھے ہو کر دُعا کرتے رہو۔ اور چاہئے کہ ہر ایک صالحین کی جماعت ہر ایک ملک میں اکٹھے ہو کر دُعا میں لگے رہیں تا دوسری قدرت آسمان سے نازل ہو اور تمہیں دکھاوے کہ تمہارا خدا ایسا قادر خدا ہے۔ اپنی موت کو قریب سمجھو تم نہیں جانتے کہ کس وقت وہ گھڑی آجائے گی۔“ فرمایا ”اور چاہئے کہ جماعت کے بزرگ جو نفس پاک رکھتے ہیں میرے نام پر میرے بعد لوگوں سے بیعت لیں۔ خدا تعالیٰ چاہتا ہے کہ ان تمام روحوں کو جو زمین کی متفرق آبادیوں میں آباد ہیں کیا یورپ اور کیا ایشیا۔ ان سب کو جو نیک فطرت رکھتے ہیں توحید کی طرف کھینچے اور اپنے بندوں کو دینِ واحد پر جمع کرے۔ یہی خدا تعالیٰ کا مقصد ہے جس کیلئے میں دنیا میں بھیجا گیا۔ سو تم اس مقصد کی پیروی کرو۔ مگر نرمی اور اخلاق اور دُعاؤں پر زور دینے سے۔ اور جب تک کوئی خدا سے رُوح القدس پاک رکھڑا نہ ہو سب میرے بعد مل کر کام کرو۔“

(رسالہ الوصیت، روحانی خزائن جلد نمبر 20 صفحہ 306-307)



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Brotherhood



إِنَّ أَكْرَمَكُمْ عِنْدَ اللَّهِ أَتْقَى ۗ

Verily, the most honorable among you, in the sight of Allah, is he who is the most righteous among you.

Action item: Members commit to actively seeking out and appreciating the contributions of individuals they might not typically engage with, especially newer or less outwardly prominent members.

Please share ideas how this can be accomplished



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Zahanat (Mental ability)



Q. What country has the most islands in the world?

1. Sweden
2. United States
3. Indonesia
4. Finland

Q. What is the smallest bone in the human body?

1. Humerus
2. Tibia
3. Femur
4. Stapes

Q. In tennis, what fruit is found at the top of the men's Wimbledon trophy?

1. Orange
2. Pineapple
3. Peach
4. Dragon Fruit

Q. What country has the most islands in the world?

1. Sweden
2. United States
3. Indonesia
4. Finland

Sweden has the most islands in the world, with over 267,000, followed by Norway and Finland, thanks to their intricate coastlines and archipelagos, though most of these islands are small, uninhabited islets.

Q. What is the smallest bone in the human body?

1. Humerus
2. Tibia
3. Femur
4. Stapes

The smallest bone in the human body is the stapes (or stirrup bone), located in the middle ear, measuring just a few millimeters and crucial for transmitting sound vibrations from the eardrum to the inner ear.

Q. In tennis, what fruit is found at the top of the men's Wimbledon trophy?

1. Orange
2. Pineapple
3. Peach
4. Dragon Fruit

There's a pineapple on the Wimbledon men's trophy because it was a rare luxury and symbol of wealth, status, and hospitality in 19th-century Europe, reflecting the elite nature of the prestigious tournament.



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Reading of the Holy Quran

Quran Tajweed Basics

Al-Hurufush-Shamsiyya/Al-Huruful-Qamariyyah

In Arabic the “Al” prefix comes before nouns to make them definite. The “Laam” in this prefix is pronounced:

- 1) Silent, merged into next letter (with Tashdeed) if any of the following 14 letters appear after Laam. These letters are called “Al-Hurufush-Shamsiyya” (Sun Letters).

Sun letters ن ل ظ ط ض ص ش س ز ر ذ د ث ت

Examples: حروف شمسی Sun letters
وَالْتَّيْنِ وَالزَّيْتُونِ وَالشَّمْسِ وَالنَّهَارِ

- 2) Clearly with Sukun if any of the following 14 letters appear after Laam. These letters are called “Al-Huruful-Qamariyyah” (Moon Letters).

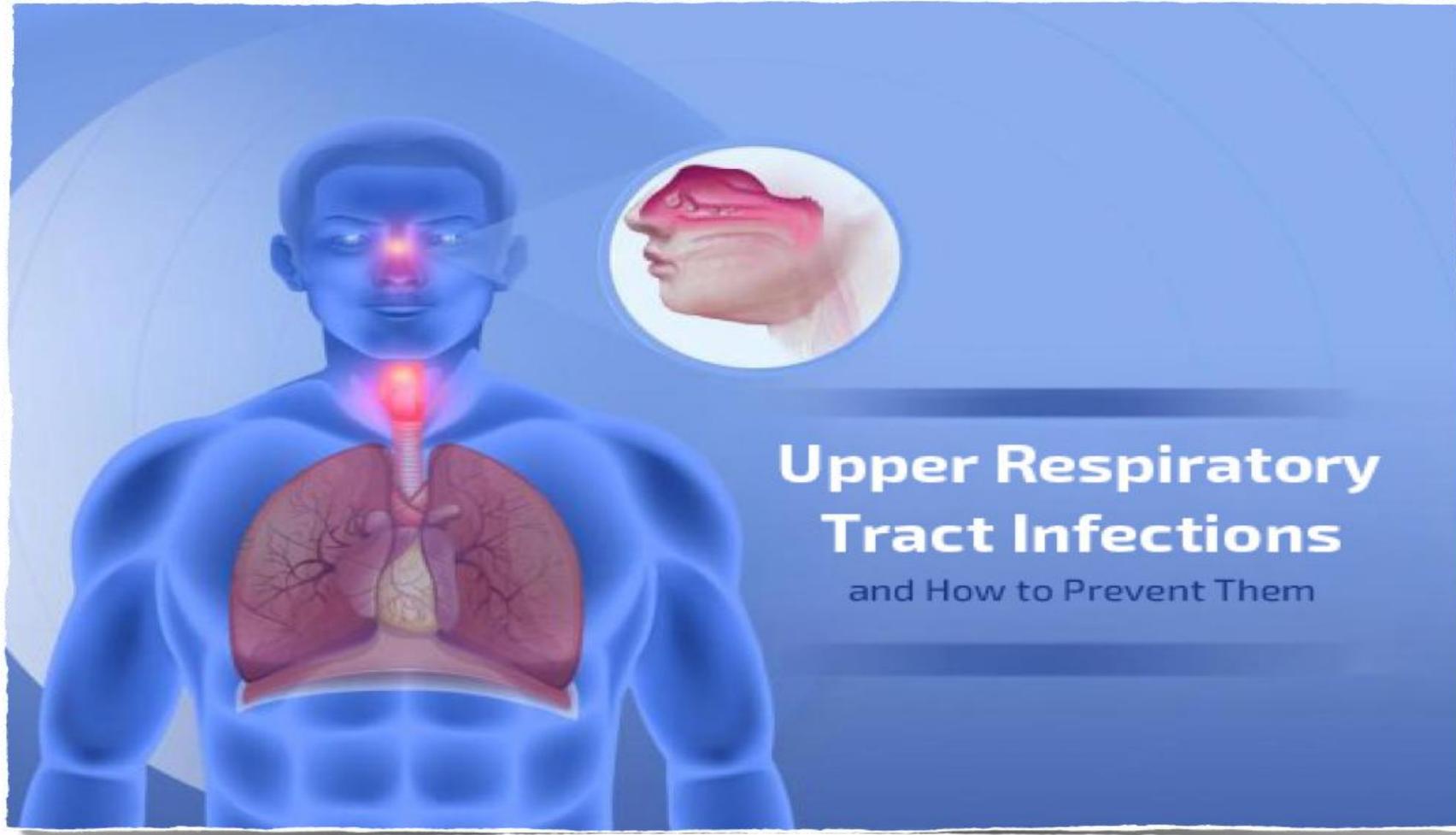
Moon letters ي و ه م ك ق ف غ ع خ ح ج ب ا

Examples: حروف قمری Moon letters
هُوَ الْأَوَّلُ وَالْآخِرُ وَالْقَمَرُ وَالْأَرْضُ



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Health





- An upper respiratory tract infection (URTI) is a viral or bacterial illness in the upper part of your respiratory system. This includes your nose, sinuses and throat
- Vast majority is caused by viruses but some by bacteria and rarely fungus
- Viruses responsible for the flu, COVID-19 and RSV, can cause both upper and lower respiratory infections

Symptom of URTIs may include

- Fever
- Sore throat
- Runny or stuffy nose
- Congestion
- Sneezing
- Fatigue
- Hoarseness
- Swollen lymph node
- Facial Pain
- Wheezing

Symptoms of upper respiratory infection include:



Sore throat.



Fever.



Cough.



Hoarse voice or
loss of voice.



Runny or stuffy nose.



Facial pain.



Fatigue.



Sneezing.



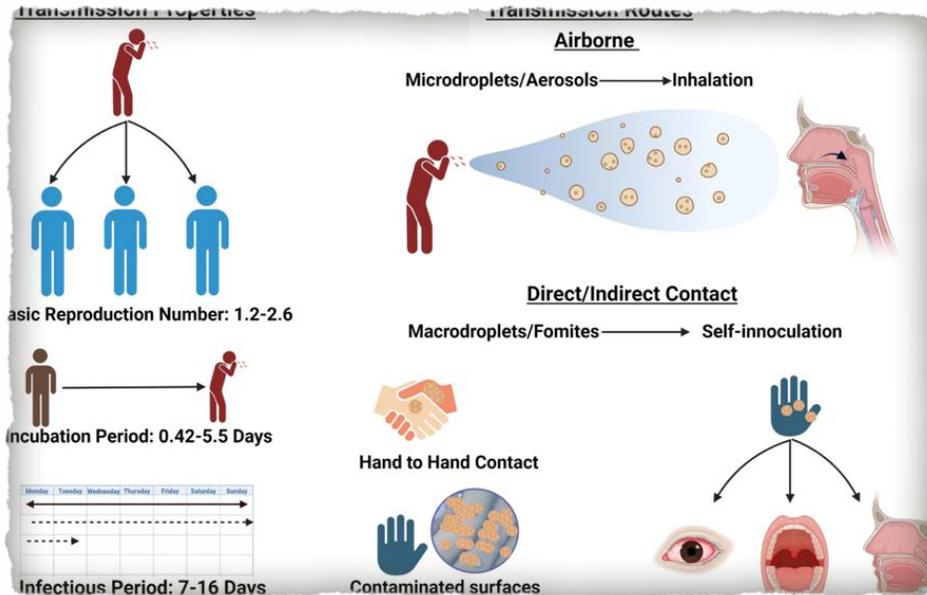
Wheezing.



Swollen lymph nodes.

How it spreads

- The viruses and bacteria that cause upper respiratory infections can spread from person to person (contagious)
- The germs spread by respiratory droplets when someone coughs, sneezes or talks
- It may spread by sharing utensils
- Contact with objects or surfaces with germs such as doorknob switches
- Fungus that cause upper respiratory infections are not contagious



Rare Complications of URTIs

Most upper respiratory infections are self limiting illnesses. They rarely can cause complications like

- Meningitis
- Rheumatic fever
- Scarlet fever
- Sepsis

Treatment of Upper Respiratory Tract Infections

- Most viral infections have no specific treatment. The disease runs its course for 1-2 weeks
- Drink plenty of healthy fluids
- Tylenol and Advil for pain fever
- No aspirin for children under 18
- Treatment is available for influenza COVID-19 in specific cases.
- Antibiotics if you have a bacterial infection such as strep throat.
- Seek care if your symptoms are severe or last longer than two weeks



Prevent Flu and Colds

- **Get your flu shot** as soon as possible. It takes 2-3 weeks for immunity to kick in
- **Cover your sneeze & cough** with a tissue or cough into your elbow
- **Wash your hands** often and practice social distancing
- **Eat-healthy and stay well hydrated**





- Sign-up for TAQWA Quran classes via the following link
<https://www.altaqwa.us/registration/>
- Sign-up for Waqf e Ardhi via the following link
<https://tinyurl.com/WaqfeArdhiSignup>
- Murabbi Sahib's Comments
- Reminders/announcements
- Du'a
- Adjourn



**Waqf e Ardhi
Sign-up**

Jazakumullah for Participating!
If you enjoyed it, please convey to those brothers who are not here today!

Please take a moment to provide your feedback

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Feedback