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Majlis Ansārullāh Monthly Meeting

September 2025

“And indeed, We have made the Qur’an easy *to understand and to remember*”

Chapter 54, Al-Qamar, Verse 33



- Recitation and translation of the Holy Quran
- Pledge
- Hadith
- Discussion Segment
- Salat (Daily Prayers)
- Al-Wasiyyat
- Zahanat
- Reading The Holy Quran
- Health segment
- Local Time – Missionary Comments/Reminders/Announcements
- Du'a



And when the Qur'an is recited, give ear to it and keep silence, that you may be shown mercy.

Chapter 7, Al-A`raf, Verse 205

And when thou recitest the Qur'an, seek refuge with Allah from Satan the rejected.

Chapter 16, An-Nahl, Verse 99

And the Messenger will say, 'O my Lord, my people indeed treated this Qur'an as a discarded thing.'

Chapter 25, Al-Furqan, Verse 31

And indeed We have made the Qur'an easy to understand and to remember. But is there anyone who would receive admonition?

Chapter 54, Al-Qamar, Verse 33

وَإِذَا قُرِئَ الْقُرْآنُ فَاسْتَبِعُوا اللَّهَ وَأَنْصِتُوا لَعَلَّكُمْ تُرْحَمُونَ ﴿٢٠٥﴾

فَإِذَا قَرَأْتَ الْقُرْآنَ فَاسْتَعِذْ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ ﴿٩٩﴾

وَقَالَ الرَّسُولُ يَا رَبِّ إِنَّ قَوْمِي اتَّخَذُوا هَذَا الْقُرْآنَ مَهْجُورًا ﴿٣١﴾

وَلَقَدْ يَسَّرْنَا الْقُرْآنَ لِلذِّكْرِ فَهَلْ مِنْ مُدَكِّرٍ ﴿٣٣﴾



أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Say this part three times:

Ash-hadu • alla ilaha • illallahu • wahdahu • la sharika lahu • wa ash-hadu • anna Muhammadan • `abduhu • wa rasuluh

Say this part once:

I bear witness • that there is none worthy of worship • except Allah. • He is One • (and) has no partner, • and I bear witness • that Muhammad (Peace and blessings of Allah be upon him) • is His servant • and messenger.

Say this part once:

I solemnly promise that • I shall endeavor • till the end of my life • for the consolidation • and propagation of Islām Ahmadiyyat • and for upholding • the institution of Khilafat. • I shall also be prepared • to offer the greatest sacrifice • for this cause. • Moreover, • I shall urge all my children • to remain true • to Khilafat Ahmadiyya. • *Insha'Allah.*



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Hadith



O Allah, Bless Muhammad^{sa} and the people of Muhammad^{sa}, as Thou didst bless Abraham and the people of Abraham. Thou art indeed the Praiseworthy, the Glorious. Prosper, O Allah, Muhammad^{sa} and the people of Muhammad^{sa}, as Thou didst prosper Abraham and the people of Abraham. Thou are the Praiseworthy, the Glorious

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا صَلَّيْتَ عَلَى
إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَّجِيدٌ، اللَّهُمَّ بَارِكْ
عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ
إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَّجِيدٌ -

Narrated Ali bin Abi Talib^{ra}: that the Messenger of Allah^{sa} said: "The best of you is he who learns the Qur'an and teaches it."

Sahih Al Bukhari 5027

Abu Umama^{ra} said he heard Allah's Messenger^{sa} say: "Recite the Qur'an, for on the Day of Resurrection it will come as an intercessor for those who recite It."

Sahih Muslim 804a



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The Holy Quran Discussion



And when the Qur'an is recited, give ear to it and keep silence, that you may be shown mercy.

Chapter 7, Al-A`raf, Verse 205

And when thou recitest the Qur'an, seek refuge with Allah from Satan the rejected.

Chapter 16, An-Nahl, Verse 99

And the Messenger will say, 'O my Lord, my people indeed treated this Qur'an as a discarded thing.'

Chapter 25, Al-Furqan, Verse 31

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In answer to their demand for fresh signs disbelievers are here told to listen to the Quran carefully, because it contains signs and evidences enough and to spare. This will make them realize the error of their demand and they will see the truth and will as a result become deserving of the mercy of God

Chapter 7, Al-A`raf, Verse 205

The reason why Muslims are bidden to seek the protection of God against Satan while beginning to recite the Quran is that it is a most precious treasure from which Satan tries to keep men away. Hence the necessity of seeking God's protection against Satan while beginning the recitation of the Quran lest worldly gains and material comforts should make men oblivious of their great spiritual objectives

Chapter 16, An-Nahl, Verse 99

Perhaps never during the last 14 centuries the Quran was so much neglected and ignored by the Muslims as it is today. There is a saying of the Holy Prophet to the effect: "A time will come upon my people when there will remain nothing of Islam but its name and of the Quran but its words (Baihaqi, Shu'abul-Iman). The present indeed is that time.

The emphasis on the word "this" in the expression "this Quran" is full of pathos. The Holy Prophet is represented here as saying that his people have discarded such a blessed book as this Quran in which there is light and guidance for them and which is God's greatest boon for mankind and which has been revealed to raise them to the highest pinnacles of moral and spiritual eminence.

Chapter 25, Al-Furqan, Verse 31



“I call Allah to witness that the Holy Qur’an is a rare pearl. Its outside is light, and its inside is light and its above is light and its below is light and there is light in every word of it. It is a spiritual garden whose clustered fruits are within easy reach and through which streams flow. Every fruit of good fortune is found in it and every torch is lit from it. Its light has penetrated to my heart and I could not have acquired it by any other means. And Allah is my Witness that if there had been no Qur’an I would have found no delight in life.”

A’ina-e-Kamalat-e-Islam, Ruhani Khaza’in, Vol.5



In 2023 an individual ripped out the pages of the Holy Quran and set them on fire. There was a lot of outcry. Your non-Ahmadi friends were discussing this incidence one day. They had many questions.

1. Why does this happen?
2. How should Muslims respond? Should they burn a copy of the bible?
3. Why are Muslims so concerned about burning of the Holy Quran?



Hazrat Mirza Masroor Ahmad condemns the “hateful act” during a meeting with the National Majlis Amila (Executive) of the Ahmadiyya Muslim Community in Sweden, whilst calling for a peaceful response.

His Holiness also made it clear that it was wrong for Muslims to respond to such horrific and provocative acts through violence or disorder. Rather, it was up to Muslims to educate people about the Quran’s true teachings so that anti-Muslim extremists could not seek to defame Islam by taking individual Quranic verses completely out of context to further their own hateful aims and objectives.

“The truth is that most people in Sweden and other Western countries remain unaware of the true teachings of Islam and this enables extremists to take individual verses of the Holy Quran completely out of context for the sake of their false propaganda. People who conduct such hateful acts have no knowledge of Islam or what the actual conditions laid down in the Holy Quran are for Jihad. They ignore the fact that the Bible has many more verses that can be taken out of context and used to justify the use of force. Regardless, it is the duty of Ahmadi Muslims to introduce and exemplify the true and peaceful teachings of Islam in each and every city and town so that people understand the reality of our religion.”



- Huzoor^{ABA} placed great emphasis on the importance of adhering to the Holy Quran, advising members of Majlis Ansarullah to make it their constant source of guidance. He echoed the Promised Messiah^{AS}'s teaching that the Holy Quran is the ultimate tool for spiritual success and that other religious texts, while important, should not overshadow it. The Holy Quran, Huzoor^{ABA} said, contains within it all the knowledge and guidance required for living a righteous life, and it is only through acting upon its teachings that one can attain true success.
- He encouraged members to dedicate themselves to studying the Quran and to ensure that their children also form a strong connection with it. *Ansarullah*, as mature members of the Jamaat, have a special responsibility to lead by example in their commitment to the Quran, ensuring that future generations uphold its teachings.



The Holy Qur'an is the Only Lasting Law

His Holiness^{ABA} quoted the Promised Messiah^{AS} who said that the Holy Qur'an is continuous and lasting Shari'ah (law). God's teachings are of two types; those that are applicable throughout all times, and others that are specific to certain times or instances albeit those too are everlasting teachings, such as the teachings of fasting or shortening prayers whilst travelling. Or there is the teaching of the veil, which applies when women leave the home, however in their own home women do not have to adopt the veil. In this way, the Holy Qur'an is a complete and everlasting teaching, contrary to other scriptures which do not possess within them the same everlasting and universal nature in their teachings.

His Holiness^{ABA} said that the teachings of the Qur'an encompass all conditions. For instance, with regards to the example given regarding the veil, there are some who raise objections that the veil is no longer necessary in accordance with the current times. Yet even women's organizations and others have begun to realize and express that the mixing between men and women creates issues and that there should be some form of separation.

Friday Sermon delivered by, Hazrat Khalifatul Masih V^{ABA}, March 31, 2023

رمضان اور قرآن کریم

خطبہ جمعہ 31 مارچ 2023ء

فرمودہ حضرت مرزا مسرور احمد، خلیفۃ المسیح الخامس ایدہ اللہ تعالیٰ بنصرہ العزیز

قرآن شریف مستقل اور ابدی شریعت ہے

حضرت مسیح موعود علیہ السلام فرماتے ہیں کہ ”خدا تعالیٰ کی حکمتیں اور احکام دو قسم کے ہوتے ہیں بعض مستقل اور دائمی ہوتے ہیں، بعض آنی اور وقتی ضرورتوں کے لحاظ سے صادر ہوتے ہیں اگرچہ اپنی جگہ ان میں بھی ایک استقلال ہوتا ہے۔“ چاہے وقتی ضرورت کے لیے ہوں لیکن یہ مستقل۔ ”مگر وہ آنی ہی ہوتے ہیں۔ مثلاً سفر کے لئے نماز یا روزہ کے متعلق اور احکام ہوتے ہیں اور حالت قیام میں اور۔“ یعنی سفر میں مثلاً نماز ہے تو نمازوں کے جمع کرنے کے بارے میں یا قصر کرنے کے بارے میں اجازت ہے اور عام حالات میں نمازیں پوری پڑھنی چاہئیں۔ اسی طرح روزے میں سفروں میں نہیں رکھنے۔ عام حالات میں قیام میں روزے رکھنے ہر صحت مند کے لیے فرض ہیں۔ پھر فرمایا کہ مثلاً دوسرا ایک حکم یہ ہے کہ ”باہر جب عورت نکلتی ہے تو وہ برقع لے کر نکلتی ہے۔“ یہ ایک ایسا حکم ہے جو عورت کے لیے ایک خاص حالات میں ہے۔ ”گھر میں ایسی ضرورت نہیں ہوتی کہ برقع لے کر پھرتی رہے۔“ پردے کا حکم ہے تو گھر سے باہر پردے کا حکم ہے۔ پھر یہ بھی کہ کن کن سے پردہ کرنا ہے اور کن سے نہیں کرنا۔ پھر آپ فرماتے ہیں۔ ”...توریت اور انجیل کے احکام آنی“ موازنہ کرتے ہوئے کہ وہ تو وقتی ہیں ”اور وقتی ضرورتوں کے موافق تھے اور آنحضرت صلی اللہ علیہ وسلم جو شریعت اور کتاب لے کر آئے تھے وہ کتاب مستقل اور ابدی شریعت ہے اس لئے اس میں جو کچھ بیان کیا گیا ہے وہ کامل اور مکمل ہے۔ قرآن شریف قانون مستقل ہے اور توریت انجیل اگر قرآن شریف نہ بھی آتا تب بھی منسوخ ہو جاتیں کیونکہ وہ مستقل اور ابدی قانون نہ تھے۔“ (ملفوظات جلد 3 صفحہ 42 ایڈیشن 1984ء)

پس قرآن کریم کی یہ اہمیت کہ قرآن کریم کی ہدایات ہر طرح کے حالات کے مطابق ہیں، بڑی مکمل تعلیم ہے اور ہر زمانے کے لیے ہے۔ اعتراض کرنے والے مثلاً پردے کی جو مثال دی ہے اس پر بھی اعتراض کر دیتے ہیں کہ اس زمانے کے لحاظ سے پردہ ضروری نہیں ہے اور بعض دفعہ ہماری لڑکیاں بھی متاثر ہو جاتی ہیں لیکن خود ہی اس بات کو بھی یہ لوگ تسلیم کر رہے ہیں اور اس پہ بڑے بڑے مضامین لکھے جاتے ہیں کہ عورتوں کی تنظیموں نے بھی اب شور مچانا شروع کر دیا ہے، اخباروں میں بھی بعض دفعہ آنے لگ جاتا ہے کہ عورت مرد کا آپس میں جو اختلاط ہے یہ بسا اوقات بڑی قباحتیں پیدا کر رہا ہے اور اس کے لیے اب بعض لوگ سوچنے بھی لگ گئے ہیں کہ علیحدہ علیحدہ نظام ہونا چاہیے۔



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Salat



Salat Is It

Friday Sermon, April 15, 2016

Delivered by Hazrat Khalifatul Masih V^{ABA}

The Holy Qur'an draws attention to observance of Salat in many places. At times it gives commandment to safeguard Salat, other times it gives commandment to be regular in Salat, and it also gives commandment to offer Salat on time. In short, God has instructed true believers repeatedly towards observance of Salat and its excellence and above all has stated: 'And I have not created the Jinn and the men but that they may worship Me.' (51:57) But man does not recognize this and is distant.

The Promised Messiah (on whom be peace) said that God has created you for the purpose of worshipping Him. Those who do not follow this simply eat and drink and sleep like animals and lose out on God's grace. Whereas a person who claims to have faith should try their utmost to become recipient of God's grace.

نماز کی اہمیت، حکمت، نمازوں کی پابندی اور نمازوں میں لذت و سرور

خطبہ جمعہ 15 اپریل 2016ء

فرمودہ حضرت مرزا مسرور احمد، خلیفۃ المسیح الخامس ایدہ اللہ تعالیٰ بنصرہ العزیز

قرآن کریم میں نمازوں کی ادائیگی کی طرف کئی جگہ توجہ دلائی گئی ہے۔ کہیں نمازوں کی حفاظت کا حکم ہے۔ کہیں اس میں باقاعدگی اختیار کرنے کا حکم ہے۔ کہیں اس کی وقت پر ادائیگی کا حکم ہے اور پھر اس کے لئے اوقات بھی بتادیئے کہ نماز کی ادائیگی کے لئے فلاں فلاں اوقات ہیں جن پر مومن کو عمل کرنا چاہئے، اس کی پابندی کرنی چاہئے۔ غرض کہ نمازوں کی ادائیگی اور اس کی فضیلت کے بارے میں بار بار خدا تعالیٰ نے ایک مومن کو تلقین فرمائی ہے اور سب سے بڑھ کر یہ فرمایا کہ انسانی پیدائش کا مقصد ہی عبادت ہے۔ جیسا کہ اللہ تعالیٰ فرماتا ہے کہ وَمَا خَلَقْتُ الْجِنَّ وَالْإِنْسَ إِلَّا لِيَعْبُدُونِ (الذَّارِيَات: 57) کہ جن و انس کی پیدائش کا مقصد ہی عبادت ہے لیکن انسان اس مقصد کو پہچانتا نہیں اور اس سے دُور ہٹا ہوا ہے۔

حضرت مسیح موعود علیہ الصلوٰۃ والسلام ایک جگہ فرماتے ہیں کہ:

”خدا تعالیٰ نے تمہاری پیدائش کی اصلی غرض یہ رکھی ہے کہ تم اللہ تعالیٰ کی عبادت کرو۔ مگر جو لوگ اپنی اس اصلی اور فطری غرض کو چھوڑ کر حیوانوں کی طرح زندگی کی غرض صرف کھانا پینا اور سو رہنا سمجھتے ہیں وہ خدا تعالیٰ کے فضل سے دُور جا پڑتے ہیں اور خدا تعالیٰ کی ذمہ داری اُن کے لئے نہیں رہتی۔“ (ملفوظات جلد اول صفحہ 182-183 ایڈیشن 1985ء مطبوعہ انگلستان)



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Al-Wasiyyat



Let it be made clear that it is the Will of Allah that such as have perfect Faith should all be buried in the same place, so that future generations, having seen them all buried in one location, should strengthen their own faith, and so that their [those of the deceased] great services—that is the deeds they performed for the sake of Allah—live forever in the people's memory.

In the end I pray that may Allah help every sincere person in this matter and that He may kindle the fire of faith in their hearts and that they all meet their death when Allah is pleased with them. *Āmin*

واضح ہو کہ خدا تعالیٰ کا ارادہ ہے کہ ایسے کامل الایمان ایک ہی جگہ دفن ہوں تا آئندہ
کی نسلیں ایک ہی جگہ اُن کو دیکھ کر اپنا ایمان تازہ کریں اور تا اُن کے کارنامے یعنی جو خدا
کے لئے انہوں نے دینی کام کئے ہمیشہ کے لئے قوم پر ظاہر ہوں۔
بالآخر ہم دعا کرتے ہیں کہ خدا تعالیٰ اس کام میں ہر ایک مخلص کو مدد دے اور ایمانی جوش
ان میں پیدا کرے اور اُن کا خاتمہ بالخير کرے۔ آمین



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Zahanat (Mental Ability)



Q 1. Which African country is known as the “Pearl of Africa”?

1. Uganda
2. Nigeria
3. Egypt
4. Libya

Q 2. What is the collective noun for a group of penguins?

1. Hood or Mohalla
2. School or Pod
3. Waddle or Colony
4. Parliament or Murder

Q 3. What sport features a “spike” and a “dig”?

1. Baseball
2. Volleyball
3. Pickleball
4. Cricket



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Q 3. What sport features a "spike" and a "dig"?

1. Baseball
2. **Volleyball**
3. Pickleball
4. Cricket

Spike is an offensive action of jumping and forcefully hitting the ball with an overhead motion into the opponent's court.



The African country known as the "Pearl of Africa" is **Uganda**. This nickname was popularized by Winston Churchill in his 1908 book, My African Journey, where he described the country's remarkable natural beauty, diverse landscapes, abundant wildlife, and welcoming people.

On land, a group of penguins is often called a **colony** or rookery (a breeding group) or a **waddle**. In the water, they are known as a raft. Other terms include huddle (when penguins gather to share body heat) and creche (a group of chicks)

Dig is a defensive maneuver used to prevent an opponent's spike from hitting the ground.





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Reading of the Holy Quran

Quran Tajweed Basics

Rules of Mīm Sākin م

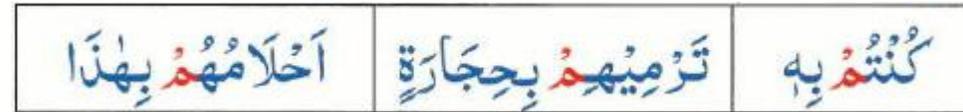
1) The sound of Mīm Sākin is completely merged into following Mīm Mushadad with two counts/Sec of Gunnah. It is called Idghām Shafawi.

[See CH:2 V11](#)



2) The sound of Mīm Sākin will be prolonged for 2 counts of light Gunnah if letter Bā(ب) appears after Mīm Sākin. It is called Ikhfa Shafawi.

[See CH:105 V5](#)



3) The sound of Mīm Sākin will be pronounced clearly(without elongation) for one count if any letter other than Bā or Mīm appears after Mīm Sākin.



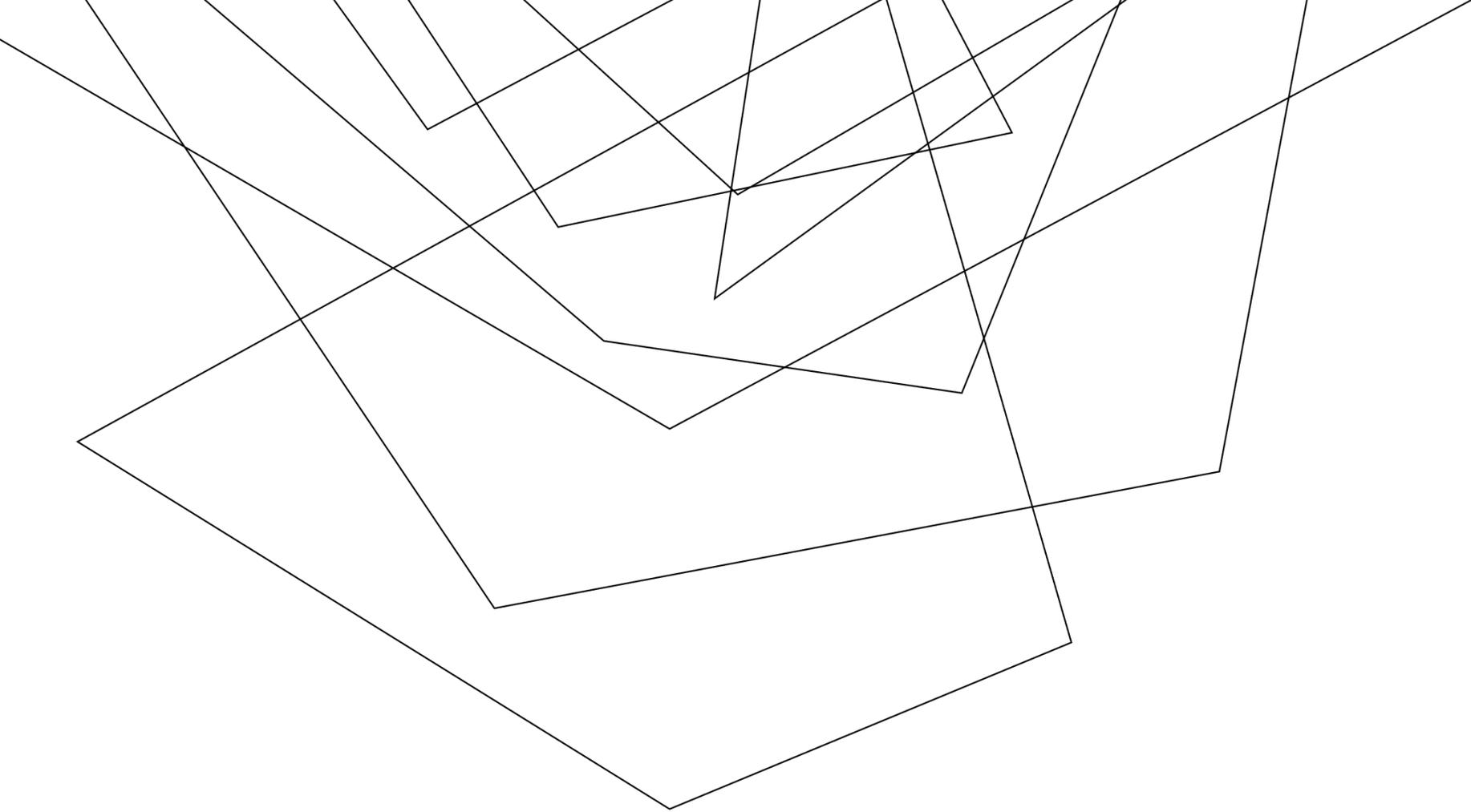
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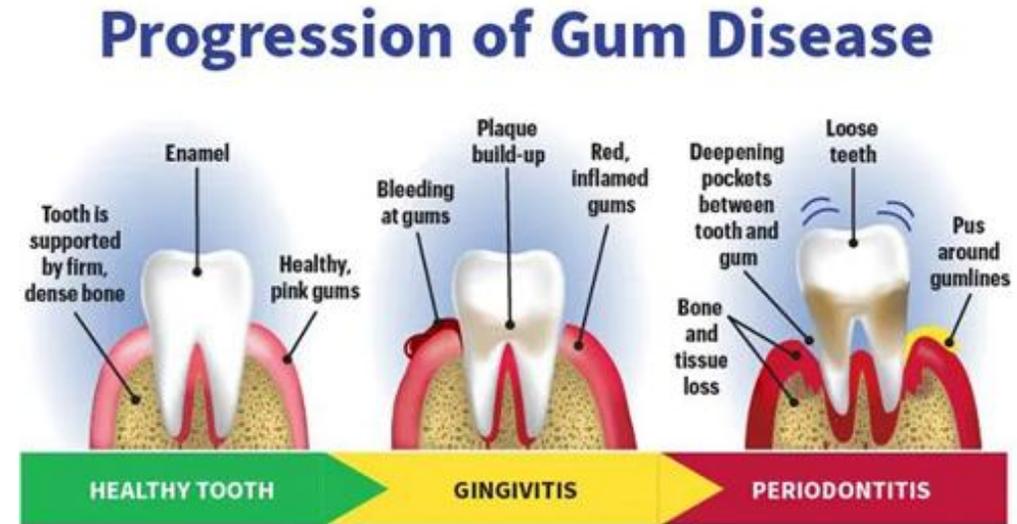
Health



GUM DISEASE

GUM DISEASE

- Periodontal (gum) disease is a broad term for conditions involving inflammation and infection of the tissues (gum and bone) that surround and support the teeth
 - Gingivitis is a type of gum disease that involves inflammation of the gums. It is largely preventable and treatable with a combination of routine oral hygiene and professional cleanings.
 - Periodontitis, which also involves bone loss around teeth, is an irreversible condition that can be slowed down and managed with professional treatment.
- The chronic presence of bacteria from plaque and tartar causes gum inflammation and destroys gum tissue, ligaments, and bone around teeth
- Untreated, it leads to partial or complete loss of teeth.





WHO DOES PERIODONTITIS IMPACT?

About 4 in 10 U.S. adults 30 years or older had a mild, moderate, or severe level of periodontitis in 2009–2014.

About 1 in 2 men and 1 in 3 women 30 years or older had some level of periodontitis.

Periodontitis is more common as people age. About 60% of adults 65 years or older had periodontitis in 2009–2014.

RISK FACTORS

- Lack of regular dental cleanings
- Poor oral hygiene
- Genetics
- Smoking
- Poor nutrition and obesity
- Clenching or grinding the teeth
- Hormonal changes (pregnancy or menopause)



SIGNS AND SYMPTOMS

- Red, swollen, or tender gums.
- Bleeding gums.
- Gums that have moved away or downward from your teeth.
- Loose or sensitive teeth.
- Painful chewing.
- Any change in the way your teeth fit together when biting.
- Any change in how well your partial denture fits.



PERIODONTITIS CAN BE ASSOCIATED WITH...

- Dementia and Alzheimer's disease
- Cancer
- Worsened diabetes outcomes (harder to control blood sugar and greater risk of complications)
- Heart disease
- Increased risk of rheumatoid arthritis
- Increased risk of chronic respiratory diseases



Losing some or all of your teeth greatly reduces your quality of life. Many adults have difficulty tolerating and chewing with dentures.

Prevention



- Brush your teeth. Brushing after meals helps remove food debris and plaque trapped between your teeth and gums.
- Floss. Flossing at least once a day
- Swish with mouthwash. Using a mouthwash can help reduce plaque
- Know your risk. Age, smoking, diet, and genetics can all increase your risk for periodontal disease.
- See your dentist. Get regular professional cleaning

Treatment



- A non-surgical procedure commonly known as "scaling and root planning" or "deep cleaning" of the affected tooth and root surfaces.
- Prescribed medication, such as an oral rinse or medicine placed directly under the affected gums.
- Surgical procedures



RESOURCES

[CENTER FOR DISEASE CONTROL](#)



- Sign-up for TAQWA Quran classes via the following link
<https://www.altaqwa.us/registration/>
- Sign-up for Waqf e Ardhi via the following link
<https://tinyurl.com/WaqfeArdhiSignup>
- Murabbi Sahib's Comments
- Reminders/announcements
- Du'a
- Adjourn



**Waqf e Ardhi
Sign-up**

Jazakumullah for Participating!
If you enjoyed it, please convey to those brothers who are not here today!

Please take a moment to provide your feedback

<https://tinyurl.com/TalimDeckFeedback>



Feedback