



**MAJLIS
ANSARULLAH
USA**

Majlis Ansārullāh Monthly Meeting

December 2021

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Agenda

- Recitation of the Holy Quran
- Pledge
- Salat page
- The Holy Quran segment (10 min)
 - Selected verses
 - Questions and comments
- Friday Sermon segment (20 min)
 - Sermon synopsis
 - Discussion scenario and guidance from sermon
 - Take home message
- Mental and physical health segment (15 min)
- Open slot for local topics
- Reminders/announcements
- Dua



Recitation of the Holy Quran

يَا أَيُّهَا النَّبِيُّ إِذَا جَاءَكَ الْمُؤْمِنَاتُ يُبَايِعُنَكَ عَلَى أَنْ
لَا يُشْرِكْنَ بِاللَّهِ شَيْئًا وَلَا يَسْرِقْنَ وَلَا يَزْنِينَ وَلَا
يَقْتُلْنَ أَوْلَادَهُنَّ وَلَا يَأْتِينَ بِبُهْتَانٍ يَفْتَرِينَهُ بَيْنَ
أَيْدِيهِنَّ وَأَرْجُلِهِنَّ وَلَا يَعْصِيَنَّ فِي مَعْرُوفٍ
فَبَايِعْهُنَّ وَاسْتَغْفِرْ لَهُنَّ اللَّهُ إِنَّ اللَّهَ غَفُورٌ رَحِيمٌ ﴿١٣﴾

O Prophet! when believing women come to thee, taking the oath of allegiance *at thy hands* that they will not associate anything with Allah, and that they will not steal, and will not commit adultery, nor kill their children, nor bring forth a scandalous charge which they themselves have deliberately forged, nor disobey thee in what is right, then accept their allegiance and ask Allah to forgive them. Verily, Allah is Most Forgiving, Merciful. (60:13)



Ansar Pledge

Say this part three times:

*Ash-hadu • alla ilaha • illallahu • wahdahu •
la sharika lahu • wa ash-hadu • anna
Muhammadan • 'abduhu • wa rasuluh*

Say this part once:

I bear witness • that there is none worthy of worship • except Allah. • He is One •
(and) has no partner, • and I bear witness • that Muhammad (peace be upon him) •
is His servant • and messenger.

Say this part once:

I solemnly pledge • that I shall endeavor • throughout my life • for the propagation
• and consolidation • of Ahmadiyyat in Islam, • and shall stand guard • in defense
of • the institution of Khilafat. • I shall not hesitate • to offer any sacrifice • in this
regard. • Moreover, • I shall exhort my children • to always remain dedicated • and
devoted • to Khilafat. • *Insha'allah.*

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ
وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ



Salat is an instrument for security against sins. It is a characteristic feature of Salat that it drives one away from sin and evil deeds. Therefore, seek that sort of Salat and try to mold your Salats accordingly. Salat is the essence of blessings. Favors of Allah are attained through the Salat. Therefore, perform it decently that you may inherit Allah's blessings.

(Malfuzat Vol. 3 p 103)

The Holy Quran Segment

Suggested Time = 10 mins

**It contains verses, questions
about the verses followed
by commentary**



Recitation of the Holy Quran

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Questions

- What is your understanding of a Ma'ruf decision?



The meaning of these words are clear in that it means to establish the commands of God Almighty and to advise the community to adhere to these instructions. Therefore, it is incumbent upon every individual who considers themselves as part of this Jamaat to abide by this pledge and obey every instruction issued by the Khalifa accordingly.

Hazrat Musleh Maud^(ra) has also explained this issue by saying that should there ever be a scenario whereby a wrong instruction has been issued, then since God Almighty Himself is to safeguard the institution of Khilafat, He will never permit the outcome of that decision to be harmful. Instead, God Almighty will create those circumstances by which there will be a positive outcome from that instruction. (*Tafsir-e-Kabir*, Vol. 6, pp. 376-377, under the verse Surah al-Nur: 56)

Therefore, it is not the job of an individual to interpret what is a *ma'ruf* decision. A *ma'ruf* decision is one which is in line with the Quran, the practice of the Holy Prophet^(sa) his sayings and also that which falls in line with the just arbitrator [Hazrat Mirza Ghulam Ahmad^(as) of this era.

Friday Sermon Segment

Suggested Time = 20 mins

It contains the following items:

1. Synopsis of Friday Sermon (2 slides)
2. Scenario discussion and discussion questions (2 slides)
3. Guidance from Sermon to close the discussion (1 slide)
4. Take home message from the Sermon (1 slide)





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Friday Sermon

Bond of brotherhood with the Promised **messiah** (**peace be on him**)

Friday Sermon Fazal Mosque, London: September 19, 2003

Tenth condition of *Bai'at*

یہ کہ اس عاجز سے عقد اخوت محض لِلّٰہِ باقرار طاعت در معروف
باندھ کر اس پر تا وقت مرگ قائم رہے گا اور اس عقد اخوت میں
ایسا اعلیٰ درجہ کا ہو گا کہ اس کی نظیر دنیوی رشتوں اور تعلقوں اور
تمام خادمانہ حالتوں میں پائی نہ جاتی ہو۔

That he/she shall enter into a bond of brotherhood with this humble servant of God, pledging obedience to me in everything good for the sake of God, and remain faithful to it until the day of his/ her death. That he/she shall exert such a high devotion in the observance of this bond as is not to be found in any other worldly relationship and connection that demand devoted dutifulness.

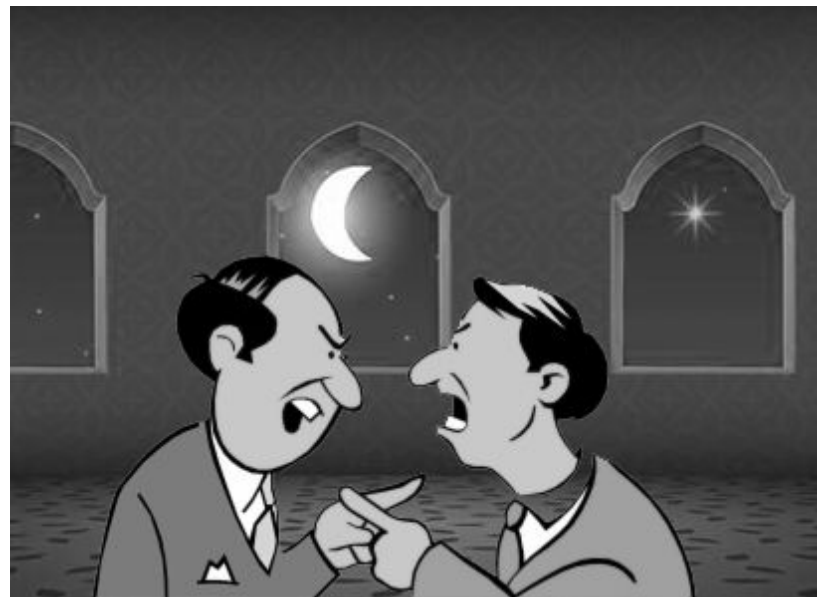


Synopsis of the Sermon

- But the relationship of love and brotherhood that is being established means much more than that. You are not merely establishing a bond of equals; instead, you are acknowledging that it is a command of Allah and His Messenger (pbuh) to accept the Messiah that was promised. Therefore, you are establishing this bond for the sake of Allah the Almighty.
- Here it must be understood that this, instead, is the bond of a slave and servant. Indeed, it should be even more than that. You have to be obedient without any grumbling.
- When you have taken the *bai'at* and have entered the organization of the Jama'at of the Promised Messiah (peace be on him), you have given everything of yours to the Promised Messiah (peace be on him). Since the system of *Khilafat* exists after him, you have to follow the decisions and the instructions of the *Khalifah* of the time.
- In this tenth condition of *Bai'at*, the Promised Messiah (peace be on him) has placed great emphasis on having such a strong bond with him that there should be nothing like it in any other relationship of this world. The only reason for this emphasis is, strictly speaking, his sympathy for us. Because the true Islam can be found only and only by accepting him, if we want to save ourselves from drowning, then we have to get on the ark of the Promised Messiah (peace be on him).

Discussion Scenario

After Ansar monthly meeting, Zai'm sahib asked members if Zuhr/Asr Salat be combined or should they offer Zuhr only. Nasir 'A' suggested to combine as days are getting shorter. Nasir 'B' got upset and said Salat should be offered on time and separately.



Pointing to Nasir 'A' he said that you probably don't even offer Salat on time at home and now you are asking for disrupting our Salat. Nasir 'A' got very upset and a loud argument erupted in the Masjid.



Discussion

- In your opinion, who was responsible for this unfortunate incident. Nasir 'A', Nasir 'B' or the Za'im?
- How could this have been avoided?
- What quality was missing in the two Nasirs?
- Any other observations?



Guidance from the Sermon

“Evil also develops from direct confrontations, fights and abuses. That also creates discord. The Promised Messiah (peace be on him) tells us: if you are connected to me and you claim submission to me, then shun everything of mischief and evil. You should have such patience and tolerance that even if someone abuses you, you should show restraint. The door of salvation will open for you when you act upon this teaching. You will join those who have achieved nearness to Allah. There should be no confrontation in any matter. Even being in the right, be humble like one who is in the wrong. No matter what the other person has said, deal with that person with love, affection and sincerity. Your tongue should be so pure, your language so sweet, and good morals so overflowing that people should be attracted towards you. Everyone should realize that you are an Ahmadi. Nothing less than the highest moral values can be expected of you. In short, your high morals will attract others and will become a source for drawing their attention”.

Bottom line is that, In this case both Nasir brothers lacked patience and tolerance. They could easily have figured this out without an argument.



Take "home" message?

Pick one of the following topics from this Friday sermon to discuss with children/family during casual discussion:

- As a family, discuss how can we assess our love of the Promised Messiah (peace be on him).
- Review all ten conditions of Bai'at and pledge that you and your family will do level best to abide by all of them.

Tips to engage youth in conversation: (1) Give them more talking time, and (2) use examples from Huzur's (may Allah be his helper) sermon to make a point.

Mental and Physical health

Suggested Time = 15 mins

It contains questions of general knowledge and/or religious knowledge followed by their answers. A thought-provoking video and a physical health segment





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Mental Health



Quiz



1. Why does the sky appear blue?
2. How much sleep is recommended for different age groups (sleepfoundation.org) ?
3. Who was Baba Nanak?

1. Sunlight reaches Earth's atmosphere and is scattered in all directions by all the gases and particles in the air. Blue light is scattered more than the other colors because it travels as shorter, smaller waves. This is why we see a blue sky most of the time. Interestingly sky is orange reddish on Mars (nasa.gov)

2.

Age Range	Recommended Hours of Sleep	
Newborn	0-3 months old	14-17 hours
Infant	4-11 months old	12-15 hours
Toddler	1-2 years old	11-14 hours
Preschool	3-5 years old	10-13 hours
School-age	6-13 years old	9-11 hours
Teen	14-17 years old	8-10 hours
Young Adult	18-25 years old	7-9 hours
Adult	26-64 years old	7-9 hours
Older Adult	65 or more years old	7-8 hours



3. In 1895 Huzoor^(as) made known the outcome of his research regarding the religious beliefs of Founder of the Sikh religion. Huzoor^(as) stated that although Hadhrat Baba Nanak was born in a Hindu household, he had later on accepted Islam. Hadhrat Baba Nanak (1469-1539) was a righteous person who meticulously followed all the teachings of Islam, so much so that he traveled to Mecca for the purpose of performing pilgrimage to the House of Allah. One of his holy gowns contained Islamic declaration of faith, as well as many verses of the Holy Quran inscribed in Arabic.

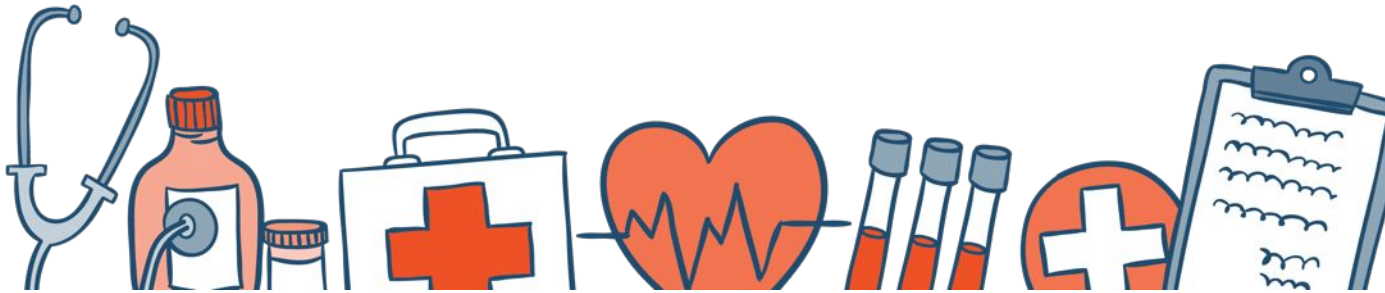
Quality work takes time



From [Tips & Tricks](#)

Click [here](#) if video does not play

Physical Health

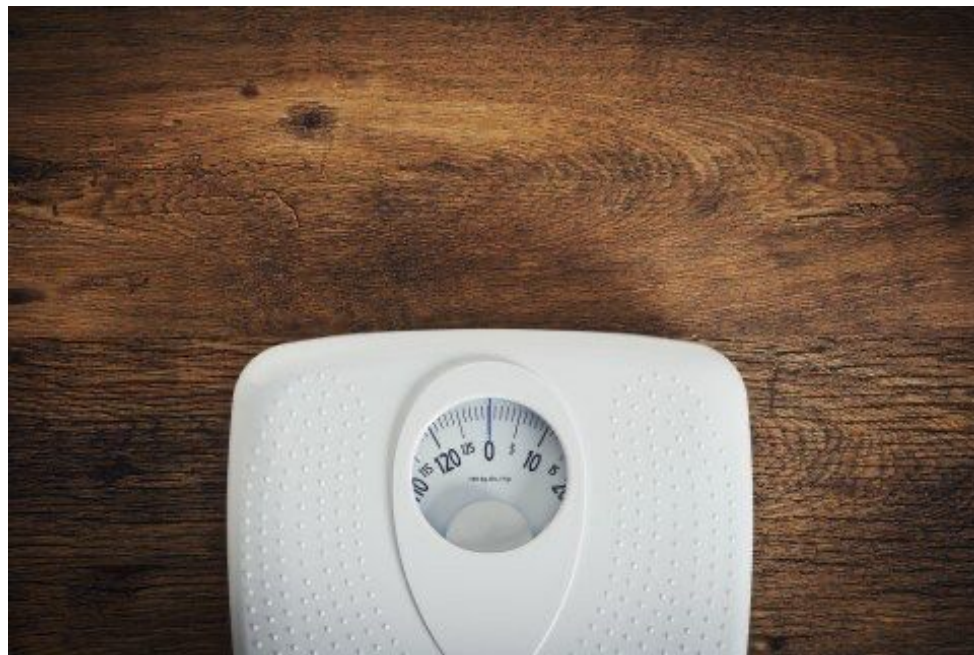


1. Unexplained weight loss

If you are not obese and you have lost more than 10 pounds or more than 5% of your body weight unintentionally, in the last 6-12 months consult your doctor. Many common or serious diseases may be the cause (hyperthyroidism), diabetes, depression, liver disease, cancer etc.

2. Persistent or High Fever

Fever is a common symptom and it's not always a cause of alarm. However, persistent fever may be due to more serious underlying illness. Seek care with your doctor



3. Shortness of Breath

A new onset of shortness of breath or worsening shortness of breath may signal serious underlying illness. The list is exhaustive and diverse and requires professional medical attention



4. **Unexplained changes in Bowel Habit Or Change in Appetite**

An unexplained change in your bowel habits or appetite and weight changes from your normal is a cause for concern and requires investigations. Things to consider are infections, inflammation, irritable bowel syndrome or even cancer. Seek care early do not delay. Know your family history





5. A change in Personality

A gradual or sudden change in personality merits attention. It may be as simple as medication side effects or more serious underlying psychological and medical conditions. Many are easily treatable

6. **Save your Vision**

Changes in vision, flashing lights, or eye pain, always requires urgent attention. Immediate attention save your vision from serious illnesses like Retinal Detachment, Glaucoma etc.



Suggested Time = Zaim's discretion

Zaim can include any other segment of local interest in this segment



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That's all folks

Reminders/Announcements

Dua

Jazakumullah for Participating!

**If you enjoyed it, please convey to those
brothers who are not here today!**